







Sun	Mon	Tue	Wed	Thu	Fri	Sat
		(L)= Lobby (1A)= 1st Floor Activity Room (1P)= 1st Floor Ponderosa Room (1G) = 1st Floor Gym (D) = 1st Floor Dining Room (1FS) = 1st Floor Fireside room (2JR) = 2nd Floor Juniper Room (2B) = 2nd Floor Billiard Room (2CR) = 2nd Floor Card Room (3T) = 3rd Floor Theater (3C) = 3rd Floor Chapel (FP) = Fire Pit Area		1 8:45 Exercise (1A) 10:30 Bingo (1A) 1:00 Strength & Stability (1A) 1:00 Chess Club (2JR) 2:00 Better Bones & Balance (3G) 2:30 Poker (2B) 7:00 Movie Night (3T)	2 8:45 Exercise (1A) 10:00 Bible Study (2JR) 10:30 Communion (3C) 10:30 Book Club (1FS) 11:00 Circuit (1G) 11:30 Activity Committee Meeting (1A) 11:45 Posture Fix (3T) 1:00 Cornhole (1A) 1:30 Art w/Charlene (1P) 2:30 Scrabble (2JR) 2:00 Balance (1A) 4:00 Happy Hour (1A)	3 10:00 Safeway Shopping 10:00 Rosary (3C) 10:45 Rides to House of Covenant 1:00 Snowflake Boutique Bazaar 1:30 Bingo (1A) 2:30 Crosswords (1FS) 3:30 Upwords (1FS) 7:00 Movie Night (3T)
4 8:00 Rides to Church 1:00 Cascade Winds Symphonic @ Summit High 7:00 Sunday Night Movie (3T)	5 8:45 Exercise (1A) 11:00 Circuit (1G) 11:00 Blood Pressure Clinic (1P) 11:45 Posture Fix (3T) 1:00 Bunco (1FS) 2:00 Matinee Movie (3T) 2:00 Balance (1A) 3:00 Sing Along Music (1FS) 4:00 Busy Fingers (2JR) 6:30 Mexican Train (2JR)	6 8:45 Exercise (1A) 10:30 Bingo (1A) 11:45 Indian Head Casino 1:00 Kitchen Sink Exercise (1A) 2:00 Better Bones & Balance Lite (1A) 3:30 Resident Birthday Party (1A) 	7 8:45 Exercise (1A) 12:30 Quiddler (2JR) 1:00 Chair Yoga (3G) 2:00 Balance (1A) 2:00 Wednesday Western (3T) 2:45 Cardio Drumming (1A) 3:30 Watercolors w/ Bill Lewis (1P) 3:30 Wine Social w/ "Down Range" (1FS)	8 8:45 Exercise (1A) 10:00 Men's Group- COCC Automotive 10:30 Bingo (1A) 1:00 Strength & Stability (1A) 1:00 Chess Club (2JR) 2:00 Better Bones & Balance (3G) 2:30 Poker (2B) 7:00 Movie Night (3T)	9 8:45 Exercise (1A) 10:00 Bible Study (2JR) 10:00 Veterans Day Brunch Ceremony (D) 10:30 Communion (3C) 11:00 Circuit (1G) 11:45 Posture Fix (3T) 1:00 Memory Game (1A) 2:30 Scrabble (2JR) 2:00 Balance (1A) 4:00 Happy Hour (1A)	10 10:00 Safeway Shopping 10:00 Rosary (3C) 10:45 Rides to House of Covenant 1:30 Shopping 1:30 Bingo (1A) 2:30 Crosswords (1FS) 3:30 Upwords (1FS) 7:00 Movie Night (3T)
11 8:00 Rides to Church 4:00-7:00 Veterans Day Dinner (D) 7:00 Sunday Night Movie (3T) 	12 8:45 Exercise (1A) 11:00 Circuit (1G) 11:45 Posture Fix (3T) 1-3 "Trends" Boutique & Mimosas (1A) 2:00 Matinee Movie (3T) 3:00 Sing Along Music (1FS) 4:00 Busy Fingers (2JR) 6:30 Mexican Train (2JR)	13 8:45 Exercise (1A) 10:30 Bingo (1A) 11:45 Ale Trail 1:00 Kitchen Sink Exercise (1A) 2:00 Better Bones & Balance Lite (1A) 6:00 Old Time Jammin' (1A)	14 8:45 Exercise (1A) 10:15 Women's Group- Historical Society 12:30 Quiddler (2JR) 1:00 Chair Yoga (3G) 2:00 Balance (1A) 2:00 Wednesday Western (3T) 2:30 Crafts w/ Becca (1P) 5:30 Larry Rauch (D)	15 8:45 Exercise (1A) 10:30 Bingo (1A) 1:00 Strength & Stability (1A) 1:00 Chess Club (2JR) 2:00 Better Bones & Balance (3G) 2:30 Poker (2B) 3:00 Learn about CBD (1A) 7:00 Movie Night (3T)	16 8:45 Exercise (1A) 10:00 Bible Study (2JR) 10:00 Shopping 10:30 Communion (3C) 11:00 Circuit (1G) 11:45 Posture Fix (3T) 1:00 Brain Games & Chocolate (1FS) 1:30 Art with Charlene (1P) 2:30 Scrabble (2JR) 2:00 Balance (1A) 3:30 Pie Contest & Happy Hour (1A)	17 10:00 Safeway Shopping 10:00 Rosary (3C) 10:45 Rides to House of Covenant 1:00 C.O. Shriners Benefit- Donkey Basketball 1:30 Bingo (1A) 2:30 Crosswords (1FS) 3:30 Upwords (1FS) 7:00 Movie Night (3T)
18 8:00 Rides to Church 1:00 Central Oregon Chamber Orchestra @ Bend High (Tickets Required) 1:30 Cascade Horizon Band @ Mountain View 7:00 Sunday Night Movie (3T)	19 8:45 Exercise (1A) 11:00 Circuit (1G) 11:45 Posture Fix (3T) 1:00 Bunco (1FS) 2:00 Balance (1A) 2:00 Matinee Movie (3T) 3:00 Sing Along Music (1FS) 4:00 Busy Fingers (2JR) 6:30 Mexican Train (2JR)	20 8:45 Exercise (1A) 10:30 Bingo (1A) 11:45 Indian Head Casino 1:00 Kitchen Sink Exercise (1A) 2:00 Better Bones & Balance (3G) 2:00 Western Story Teller (1A)	21 8:45 Exercise (1A) 12:30 Quiddler (2JR) 1:00 Strength & Stability w/ Erin (1A) 2:00 Wednesday Western (3T) 3:30 Watercolors w/ Bill Lewis (1P) 3:30 Wine Social w/ "She's With Me" (1FS)	22 11:00-3:00 Thanksgiving Day Dinner (D) 	23 8:45 Exercise (1A) 10:00 Bible Study (2JR) 10:30 Communion (3C) 11:00 Circuit w/ Erin (1G) 2:30 Scrabble (2JR) 4:00 Happy Hour (1A) Feet Retreat-Dawn (541)788-4785 "Civil War" 	24 10:00 Safeway Shopping 10:00 Rosary (3C) 10:45 Rides to House of Covenant 1:30 Shopping 1:30 Bingo (1A) 2:30 Crosswords (1FS) 3:30 Upwords (1FS) 7:00 Movie Night (3T) "Black & White"
25 8:00 Rides to Church 1:00 Hot Chocolate & Cider Sunday (1FS) 2:00 Whispering Winds Opera House Presents: "Swan Lake" (3T)  7:00 Sunday Night Movie (3T) "Hawaiian Day"	26 8:45 Exercise (1A) 10:00 Welcome Committee (1FS) 11:00 Circuit (1G) 11:45 Posture Fix (3T) 1:00 Volleyball (1A) 2:00 Matinee Movie (3T) 2:00 Balance (1A) 3:00 Sing Along Music (1FS) 4:00 Busy Fingers (2JR) 6:30 Mexican Train (2JR) "Redneck/Camo Day"	27 8:45 Exercise (1A) 10:30 Bingo (1A) 11:45 Ale Trail 2:00 Better Bones & Balance Lite (1A) 2:00 Band of Brothers Meeting (2JR) 2:00 Dining Room Tree Decorating Party (D) 2:30 Meditation (3T) "Wacky Hair Day"	28 8:45 Exercise (1A) 12:30 Quiddler (2JR) 1:00 Chair Yoga (3G) 2:00 Balance (1A) 2:00 Wednesday Western (3T) 2:30 Crafts w/ Becca (1P) 2:45 Cardio Drumming (1A) "Patriotic Day"	29 8:45 Exercise (1A) 10:30 Bingo (1A) 1:00 Strength & Stability (1A) 1:00 Chess Club (2JR) 1:30 Variety Show Rehearsal (1A) 2:00 Better Bones & Balance (3G) 2:00 Food Committee Meeting (D) 2:30 Poker (2B) 3:45 Sunshine Smilers (1A) 7:00 Movie Night (3T) "80's Day"	30 8:45 Exercise (1A) 10:00 Bible Study (2JR) 10:30 Communion (3C) 11:00 Activity Committee Meeting (1A) 11:00 Circuit (1G) 11:45 Posture Fix (3T) 1:00 Trivia (1FS) 1:30 Art with Charlene (1P) 2:00 Crown City Quartet (1A) 2:30 Scrabble (2JR) 4:00 Joke Happy Hour (1A) "Pajama Day" 