







Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>30</b> 8:00 Rides to Church 11:30 Worship w/ Pastor Drew (3T) 1:00 Sunday Outing-Cuppa Yo 7:00 Sunday Night Movie (3T)	<b>1</b> 8:45 Exercise (1A) 11:00 Blood Pressure Clinic (1P) 11:00 Circuit (1G) 11:45 Posture Fix (3T) 1:00 Bunco (1FS) 2:00 Matinee Movie (3T) 2:00 Balance (1A) 3:00 Sing Along Music (1FS) 4:00 Busy Fingers (2JR) 6:30 Mexican Train (2JR)	<b>2</b> 8:45 Exercise (1A) 10:30 Bingo (1A) 1:00 Kitchen Sink Exercise (1A) 2:00 Chair Yoga (3G) 2:30 Meditation (3T) <b>3:30 Resident Birthday Party (1A)</b> 	<b>3</b> 8:45 Exercise (1A) 11:30 Hike & Picnic 12:30 Quiddler (2JR) 2:00 Circuit (1G) <b>2:00 Ruth &amp; Arloa Concert (1A)</b> 3:30 Watercolors w/ Bill Lewis (1P)	<b>4</b> 8:45 Exercise (1A) 10:30 Bingo (1A) 1:00 Strength & Stability (1A) 2:00 Chair Yoga (3G) 2:30 Meditation (3T) 2:30 Poker (2B) 6:30 Chess Club (2JR) 7:00 Movie Night (3T)	<b>5</b> 8:45 Exercise (1A) 10:00 Bible Study (2JR) 10:30 Communion (3C) <b>10:30 Book Club (1FS)</b> 11:00 Circuit (1G) 11:45 Posture Fix (3T) 1:00 Brain Games & Chocolate (1FS) 2:00 Balance (1A) 2:30 Scrabble (2JR) 4:00 Happy Hour (1A)	<b>6</b> 8:30-5:30 Chess Tournament (2JR) 10:00 Safeway Shopping 10:00 Rosary (3C) 10:45 Rides to House of Covenant 1:30 Shopping 1:30 Bingo (1A) 2:30 Crosswords (1FS) 3:30 Upwords (1FS) 7:00 Movie Night (3T)
<b>7</b> 8:00 Rides to Church 11:30 Worship w/ Pastor Drew (3T) 1:00 Bridge (1P) 1:00 Sunday Drive- Culver 7:00 Sunday Night Movie (3T)	<b>8</b> 8:45 Exercise (1A) 11:00 Circuit (1G) 11:45 Posture Fix (3T) 1:00 Volleyball (1A) 2:00 Matinee Movie (3T) 2:00 Balance (1A) 3:00 Sing Along Music (1FS) 4:00 Busy Fingers (2JR) 6:30 Mexican Train (2JR)	<b>9</b> 8:45 Exercise (1A) 10:30 Bingo (1A) 11:45 Indian Head Casino 1:00 Kitchen Sink Exercise (1A) 2:00 Chair Yoga (3G) 2:30 Meditation (3T) 6:00 Old Time Jammin' (1A)	<b>10</b> 8:45 Exercise (1A) 10:00 Women's Group- Smith Rock Picnic 12:30 Quiddler (2JR) 1:00 Circuit (1G) 2:00 Balance (1A) 2:00 Wednesday Western (3T) <b>2:30 Crafts w/ Becca (1P)</b> 2:45 Cardio Drumming (1A) 3:30 Wine Social w/ Paul Eddy (1FS)	<b>11</b> 8:45 Exercise (1A) 10:00 Men's Group Meeting (1FS) 10:30 Bingo (1A) 1:00 Strength & Stability (1A) 2:00 Chair Yoga (3G) 2:30 Meditation (3T) 2:30 Poker (2B) 6:30 Chess Club (2JR) 7:00 Movie Night (3T)	<b>12</b> 8:45 Exercise (1A) 10:00 Bible Study (2JR) 10:30 Communion (3C) 11:00 Circuit (1G) 11:45 Posture Fix (3T) 1:00 Yard Games (FP) 1:30 Art with Charlene (1P) 2:00 Balance (1A) 2:30 Scrabble (2JR) 4:00 Happy Hour (1A)	<b>13</b> 10:00 Safeway Shopping 10:00 Rosary (3C) 10:45 Rides to House of Covenant 1:30 Shopping 1:30 Bingo (1A) 2:30 Crosswords (1FS) 3:30 Upwords (1FS) 6:00 Wine & Paint w/Family (1A) 7:00 Movie Night (3T)
<b>14</b> 8:00 Rides to Church 11:30 Worship w/ Pastor Drew (3T) 1:00 Sunday Thrift Store Shopping 7:00 Sunday Night Movie (3T)	<b>15</b> 8:45 Exercise (1A) 11:00 Circuit (1G) 11:45 Posture Fix (3T) 1:00 Bunco (1FS) 2:00 Matinee Movie (3T) 2:00 Balance (1A) 3:00 Sing Along Music (1FS) 4:00 Busy Fingers (2JR) 6:30 Mexican Train (2JR)	<b>16</b> 9-12 Partners in Care Flu Clinic (1A) <b>10:30 Bingo (1P)</b> 11:45 Ale Trail 2:00 Chair Yoga (3G) 2:30 Meditation (3T)	<b>17</b> 8:45 Exercise (1A) 12:30 Quiddler (2JR) 1:00 Circuit (1G) 2:00 Balance (1A) 2:00 Wednesday Western (3T) 3:30 Watercolors w/ Bill Lewis (1P) 5:30 Larry Rauch (D)	<b>18</b> 8:45 Exercise (1A) 10:30 Bingo (1A) 1:00 Strength & Stability (1A) 2:00 Chair Yoga (3G) <b>2:00 Western Story Teller (1A)</b> 2:30 Meditation (3T) 2:30 Poker (2B) 6:30 Chess Club (2JR) 7:00 Movie Night (3T)	<b>19</b> 8:45 Exercise (1A) 10:00 Bible Study (2JR) 10:30 Communion (3C) 11:00 Circuit (1G) 11:45 Posture Fix (3T) 1:00 Brain Games & Chocolate (1FS) 1:30 Art with Charlene (1P) 2:00 Balance (1A) 2:30 Scrabble (2JR) <b>4:00 Oktoberfest! (D)</b> 	<b>20</b> 10:00 Safeway Shopping 10:00 Rosary (3C) 10:45 Rides to House of Covenant 1:30 Shopping 1:30 Bingo (1A) 2:30 Crosswords (1FS) 3:30 Upwords (1FS) 7:00 Movie Night (3T)
<b>21</b> 8:00 Rides to Church 11:30 Worship w/ Pastor Drew (3T) 1:00 Bridge (1P) 1:00 Fall Concert Series- Central Oregon Symphony (Tickets Required) 7:00 Sunday Night Movie (3T)	<b>22</b> 8:45 Exercise (1A) <b>9:00 Mimosa Monday! (D)</b> 11:00 Circuit (1G) 11:45 Posture Fix (3T) 1:00 Volleyball (1A) 2:00 Balance (1A) 2:00 Matinee Movie (3T) 3:00 Sing Along Music (1FS) 4:00 Busy Fingers (2JR) 5:00 Scott Michaelson (D) 6:30 Mexican Train (2JR)	<b>23</b> 8:45 Exercise (1A) 10:30 Bingo (1A) 11:45 Indian Head Casino 1:00 Kitchen Sink Exercise (1A) 2:00 Chair Yoga (3G) 2:00 Band of Brothers Meeting (2JR) 2:30 Meditation (3T) <b>3:00 Children Variety Show (1A)</b>	<b>24</b> 8:45 Exercise (1A) 12:30 Quiddler (2JR) 1:00 Circuit (1G) 2:00 Balance (1A) 2:00 Wednesday Western (3T) <b>2:30 Crafts w/ Becca (1P)</b> 2:45 Cardio Drumming (1A) 3:30 Wine Social w/ Fran & Helen (D)	<b>25</b> 8:45 Exercise (1A) <b>10:00 The Environmental Center Visit (1A)</b> <b>10:30 Bingo (2JR)</b> 1:00 Strength & Stability (1A) 2:00 Chair Yoga (3G) 2:30 Meditation (3T) 2:30 Poker (2B) <b>3:45 Sunshine Smilers (1A)</b> 5:00 Gae & Avalon (D) 6:30 Chess Club (2JR) 7:00 Movie Night (3T)	<b>26</b> 8:45 Exercise (1A) 10:00 Bible Study (2JR) 10:30 Communion (3C) 11:00 Activity Committee Meeting (1A) 11:00 Circuit (1G) 11:45 Posture Fix (3T) 1:00 Better Bones & Balance Lite (1A) 1:30 Art with Charlene (1P) 2:00 Balance (1A) 2:30 Scrabble (2JR) 4:00 Joke Happy Hour (1A) Feet Retreat-Dawn (541)788-4785 	<b>27</b> 10:00 Safeway Shopping 10:00 Rosary (3C) 10:45 Rides to House of Covenant 1:30 Shopping 1:30 Bingo (1A) 2:30 Crosswords (1FS) 3:30 Upwords (1FS) 7:00 Movie Night (3T)
<b>28</b> 8:00 Rides to Church 11:30 Worship w/ Pastor Drew (3T) 1:00 Sunday Drive-Sisters <b>2:00 Whispering Winds Opera House Presents: "Madame Butterfly" (3T)</b>  7:00 Sunday Night Movie (3T)	<b>29</b> 8:45 Exercise (1A) 10:00 Women's Group Outing- Beacham's Clock Co. 10:00 Welcome Committee (1FS) 11:00 Circuit (1G) 11:45 Posture Fix (3T) 2:00 Matinee Movie (3T) 2:00 Balance (1A) 3:00 Sing Along Music (1FS) 4:00 Busy Fingers (2JR) 6:30 Mexican Train (2JR)	<b>30</b> 8:45 Exercise (1A) 10:30 Bingo (1A) 11:45 Ale Trail 2:00 Chair Yoga (3G) 2:30 Meditation (3T)	<b>31</b> 8:45 Exercise (1A) 12:30 Quiddler (2JR) 1:00 Murder Mystery Scavenger Hunt (1A) 2:00 Wednesday Western (3T) <b>3:30 Halloween Party (1A)</b> 			(L)= Lobby (1A)= 1st Floor Activity Room (1P)= 1st Floor Ponderosa Room (1G)= 1st Floor Gym (D)= 1st Floor Dining Room (1FS)= 1st Floor Fireside room (2JR)= 2nd Floor Juniper Room (2B)= 2nd Floor Billiard Room (2CR)= 2nd Floor Card Room (3T)= 3rd Floor Theater (3C)= 3rd Floor Chapel (FP)= Fire Pit Area