

## HISPERING INDS RETIREMENT



### Distinctive Retirement Lifestyles

2 Bedroom, 1 Bedroom, & Studio Apartment Homes



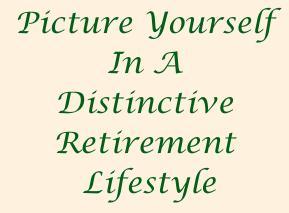
2920 N.E. Conners Ave Bend, Oregon 97701

541-312-9690

Vísit Our Website www.whisperingwinds.info

# HISPERING INDS RETIREMENT







Designed to fit YOUR lifestyle, activity level, and family

Maximum space in your private apartment and extended living areas

Superior service from caring, highly trained staff

Services available on-site for your extra care needs



### Services & Amenities



Developing distinction in retirement living demands a high level of commitment to excellence in service. Whispering Winds Retirement contributes that commitment of excellence in everything we do. From initial design to the final touches of daily service, we consider even the smallest details when it comes to offering you a retirement lifestyle that fits you.

### Concepts You Can Find Anywhere <u>Service Quality You'll Only find at</u> WHISPERING WINDS RETIREMENT

- ➤ Month-to-month rental All Inclusive Cable & Local Phone, and Internet included
- > GARAGES available
- ➤ Carefully selected and exceptionally trained, 24-hour staffing and security
- > Gated parking and entry areas
- > Free utilities: electricity, gas, trash and water
- ➤ Full-service, restaurant-style dining in a comfortable setting. OPEN DINING featuring all day dining. Extensive menu choices with daily specials and soups
- > Private Dining Room for parties and guests
- ➤ Weekly housekeeping and linen service
- > Convenient, no-cost laundry facilities
- ➤ Full-Time Personal Fitness Trainer offering individual programs & group classes
- ➤ On-site recreation and hobby facilities: Library, Billiards, Computer Room, Theatre Room, specialized Activity and Game Rooms, Putting Green, and more
- > Beauty and Barber Shop
- > PET FRIENDLY On-site Pet Run fenced, grass/dirt play area with benches for pet owners.
- **➤** On Demand Transportation services
- > Regular and as needed Maintenance service

### Welcome Home

Retirement living should ENHANCE your lifestyle by providing a spacious, fullfeatured living environment with all the comforts and conveniences you expect.

### > NO NEED TO DOWNSIZE

Move into one of the area's largest Two-Bedroom, One-Bedroom or Studio apartments for retirement living - up to 1319 sq. ft. of living space!

#### > SPACE

Extra storage and walk-in closets in most apartments; plus secured, indoor storage enclosures available on-site.

#### COOK, DINE, ENTERTAIN

Your kitchen is HOME-sized, with plenty of cabinet and counter space, a built-in eating counter, microwave, double sink, full-sized refrigerator, and full-sized oven/range and dishwasher in most apartments.

#### EQUIPPED & SECURE

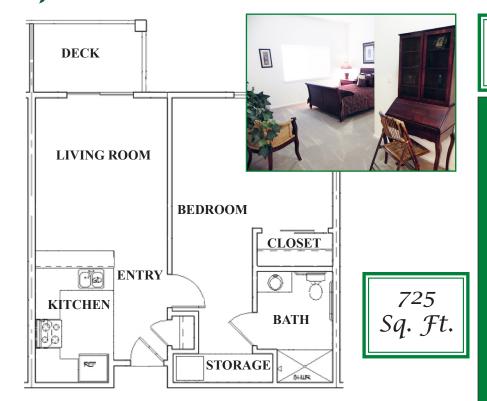
Emergency call system in every bedroom, bathroom, and living room, cable and telephone outlets in every bedroom and living room.

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### Floor Plans

1 Bedroom \*\* Single Occupancy - \$4,495 - All Inclusive

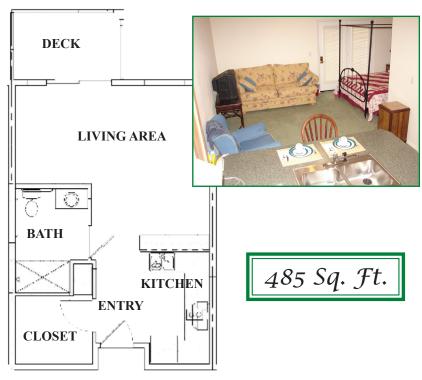
2nd Person - \$700



### Full Sized One Bedroom

- > Over 150 sq. ft. more living space than the area's average comparable one bedroom retirement apt
- > Extra storage / closet space
- ➤ Home-sized KITCHEN with oven/range, full-sized refrigerator, microwave, double sink, eating counter and dishwasher
- > Patio or deck
- > Emergency system in bathroom, bedroom, and living room
- ➤ Phone and cable outlets in living room and bedroom

Studio \*\* Single Occupancy - \$3,395 - All Inclusive



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### Distinctive Economy

- Designed for maximum efficiency of your resources.
   The perfect lifestyle of service and distinction at an affordable price
- ➤ Walk-in closet
- > Full-sized KITCHEN with stovetop, microwave, fullsized refrigerator, & built-in eating counter
- > Patio or deck
- Emergency system in bathroom and living room

\*\* Rates effective March 1, 2022

### Floor Plans

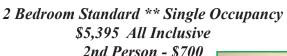
2 Bedroom Deluxe \*\* Single Occupancy - \$6,195 - \$6,450 All Inclusive 2nd Person - \$700

1319 Sq. Ft. 1219 Sq. Ft. 1045 Sq. Ft.



<u>Two Bedrooms</u> Sized For Active Lifestyles

- > Full Private Bath in both bedrooms
- ➤ Walk-in closet/storage
- Expanded Home-sized KITCHEN with extra counter and cabinet space, oven/range, dishwasher, double sink, microwave full-sized refrigerator, and built-in eating counter
- > Patio or deck
- Emergency system in baths, living room, and bedrooms



2na Person - \$/00

- ➤ Full Guest Bath
- > Full Private Bath
- > Step-in closet / storage
- > Home-sized KITCHEN with oven/range, full-sized refrigerator, microwave, & built-in eating counter
- ➤ Patio or deck
- > Emergency system in baths, bedrooms, and living room



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\*\* Rates effective March 1, 2022

### Rates & Services

All fees are monthly charges unless otherwise noted.

### Single Occupancy Rates

Studio	\$3,395
1 Bedroom	\$4,495
2 Bedroom - Standard	\$5,395
2 Bedroom - Deluxe	\$6,195
2 Bedroom - Supreme	\$6,450
Cottage	\$6,200
Second Person Charge	\$ 700

<u>Includes:</u> Cable, local phone, internet, 3 meals daily, weekly housekeeping and linen change service, water/sewer, gas, electric, scheduled transportation, in-house activity programming

**Optional Services** 

Garage	\$100
Personal Laundry (per load)	\$ 10
Room Service (per service)	\$ 5
Basic Cable TV	Included
Telephone Service	Included

### Fees and Deposits

Refundable Deposits	\$500
Refundable Pet Deposit	\$500
Nonrefundable Community Fee	\$1,000

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Effective March 1, 2022\*\* Rates are subject to change as described in the Rental Agreement

### Whispering Winds

### Breakfast Menu

Available from 7:30 am to 7:00 pm

#### Create an Omelet:

Fluffy 2 egg omelet with your choice of the following ingredients. Served with hash browns.

### **Omelet Fillings**

Ham Bacon Sausage **Turkey Bacon** 

Mushrooms **Tomato** Onion Green Pepper

**Cheddar Cheese Swiss Cheese Jack Cheese** (Regular Or Pepper)

Two Eggs Any Style: Served with Hashbrowns, Toast, and choice of Ham, Bacon, Turkey Bacon or Sausage.

### **Biscuits & Gravy with Eggs:**

Large biscuit with sausage gravy.
Served with two eggs any style.

**Breakfast Burrito**: Sausage, scrambled Egg and Cheddar in a Tortilla with Salsa & Guacamole. Served with Hashbrowns.

#### **Chicken Fried Steak:**

Served with country gravy, hash browns and two eggs any style.

### Hot off the Griddle

### **Golden Malted Waffles**

(Whole Grain or Malted) Waffles Served until 10:30 am

#### **Buttermilk Pancakes**

Regular, Blueberry, Banana, or Raisin.

French Toast

**Oatmeal & Cream of Wheat** 

**Assorted Cold Cereals** 

### **Sides and Beverages**

### **Side of Eggs Any Style Side of Breakfast Meat**

(Sausage Links, Bacon, **Turkey Bacon or Ham Steak)** 

#### **Toast**

(Wheat, White, Sourdough, Rye, Cinn. Raisin, English Muffin, Bagel)

Milks (2%, Skim, Lactaid, Sov. Buttermilk) Coffee, Hot Tea, Hot Cocoa

#### **Juices**

Orange, Apple, Cranberry, Pineapple, Grape, Prune, Tomato, Grapefruit, V-8

### Continental Breakfast Bar 7:30 am - 10:15 am

Experience a stroll around our bountiful breakfast bar with a variety of fresh fruit, yogurts, cereals, and a selection of fresh baked breakfast pastries. W

### Whispering Winds

### **Entrees**

Served with Vegetables & Choice of Rice, Mashed Potatoes, Onion Rings or French Fries (Except Pasta.)

♥ **Cornmeal Crusted Swai** – Cornmeal Crusted Swai (Firm Whitefish) with Remoulade (Red Tartar Sauce.)

**Lemon-Pepper Cod** – Lightly Breaded Cod Filet Grilled Golden Brown & Served with Tartar Sauce.

**♥Salmon** –Steamed or Flat Grilled with Dill. Choice of Pesto Cream or Garlic Herb Sauce.

**♥Seafood & Pasta** −Prawns, Clams, Mussels & Scallops in a Light Garlic Butter Broth Tossed with Linguine Pasta.

**Spaghetti & Meatballs** –With Garlic Bread & Vegetables.

Shrimp Carbonara – Sauteed Shrimp, Bacon, Peas, Carbonara Sauce & Parmesan Cheese.

**Wild Hog Wings** – Tender Pork Shanks Tossed with BBQ or Teriyaki Sauce.

**Thai Peanut Stir Fry** – Yokisoba Noodles Sauteed with Mixed Vegetables in a Thai Peanut Sauce. Vegetarian or Pork Added.

**Turkey Breast** – Served on Sourdough with Mashed Potatoes & Gravy.

♥ Chicken Marsala – Pan Seared & Served with Portabella Mushrooms & Onions in a Rich Marsala Sauce.

**Pistachio Chicken** – Pistachio Breaded Chicken Breast Grilled Crispy & Served with Raspberry Vinaigrette.

**Crispy Chicken Salad** – Chicken Strips, Tomatoes, Cucumbers, Onions, Hardboiled Eggs with BBQ Ranch Dressing.

**Top Sirloin** – 4oz Cut of Beef Cooked to Perfection.

Beef Liver Steak - Grilled with Bacon, Onions & Garlic Butter.

**Flat Iron Steak** – Grilled to Perfection. Topped with sauteed Onions, Mushrooms, Gorgonzola Butter & Homemade Worcestershire Sauce.

**♥ Steamed Veggie Plate** – Assortment of Fresh Vegetables Served with Balsamic Vinaigrette & Choice of Side.

#### **♥**Salad Bar

Experience a Stroll Around Our Bountiful Salad Bar with a Variety of All Your Favorites.

#### **Soups of the Day**

Enjoy a Cup or Bowl of One of Our Fabulous Homemade Soups.

Breakfast Available All Day - Ask Your Server for a Breakfast Menu

♥ Marked items are lower in fat, sodium, or are a vegetarian alternative

# W

### Whispering Winds

### Specialty Salads

#### Entrée Size or Side Salad

- **♥ Whispering Winds Salad** Crisp Romaine Lettuce, Smoked Salmon, Apples, Pecans & Gorgonzola Cheese Tossed in Huckleberry Vinaigrette.
  - **▼ Strawberry & Goat Cheese** Mixed Greens, Goat Cheese, Fresh Strawberries & Hazelnuts Tossed in Raspberry Dressing.
- ♥ Caesar Salad Crisp Romaine Lettuce Tossed with Dressing, Parmesan & Croutons.

**Crispy Fried Shrimp Appetizer** –Served with Homemade Cocktail Sauce & Fresh Lemon.

**Sweet Potato Fries** – Served with Avocado Aioli.

All Salads Can Be Topped with Choice of Chicken, Smoked Salmon or Roasted Vegetables.

### Sandwiches & More

Sandwiches Feature Your Choice of French Fries, Onion Rings, Potato Salad or Coleslaw.

**Pita Pizza** - Roasted Vegetables, Pesto & Provolone on Grilled Pita Bread.

**Pork Burrito** – Tender Pork Cooked in Red Verde Sauce, Wrapped in Flour Tortilla. Topped with Sauce, Cheese, Tomatoes & Olives.

Marinated Prawns - Grilled and Served with Garlic Herb Sauce.

Lox & Bagel – Served with Cream Cheese, Red Onion & Capers.

**Shrimp Cobb Wrap** - Spring Mix, Bleu Cheese Crumbles, Bacon, Tomatoes, Shrimp, Avocado Puree, Hardboiled Egg. Choice of Italian or Balsamic Dressing. Wrapped in a Flour Tortilla. Also Available as Vegetarian.

**Chicago Dog** – All Beef Frank Served with Relish & Onions.

**Cuban Ham Sandwich** – Ham, Monterey Jack Cheese, Pickles & Dijon Mayonnaise.

Turkey Gouda Sandwich - Turkey, Smoked Gouda Cheese, Apples, Spinach & Cranberry Sauce.

Chicken Cordon Bleu Sandwich – Grilled Chicken Breast, Ham, Swiss Cheese & Mustard Horseradish Sauce.

**Beer- Battered Cod** – Cooked Golden Brown & Served with Tartar Sauce.

**Quesadilla** – Flour Tortilla with Cheddar, Jack Cheese, Salsa & Guacamole. (May Also Be Filled With Grilled Chicken or Roasted Vegetables.)

Angus Burger - Charbroiled & Served with Lettuce, Tomato and Mayonnaise.

Add Grilled Onions, Bacon, Mushrooms or a Choice of Cheese.

Patty Melt- Style & ♥Garden Burgers Available as an Alternative

**▼Deli Counter** – Choose from the following for half or whole sandwiches:

**Breads** Meats Cheeses Turkey Ham Cheddar Swiss Sourdough Wheat Roast Beef Bacon Provolone Pepper Jack White Marble Rve Chicken Salad Tuna Salad Cream Cheese Sub Roll Monterey Jack Croissant

(All Sandwiches Come with Mayonnaise, Lettuce & Tomato)