



Whispering Winds

Lunch Menu

Sandwiches

Sandwiches feature your choice of french fries, potato salad or coleslaw

♥ **Deli Counter** – Choose from the following for half or whole sandwiches:

<u>Meats</u>		<u>Cheeses</u>		<u>Breads</u>	
♥Turkey	Ham	Cheddar	Swiss	Sourdough	Wheat
Roast Beef	Bacon	Provolone	Pepper Jack	White	Rye
Chicken Salad	Tuna Salad	Cream Cheese	Monterey Jack	Croissant	Sub Roll

(All sandwiches come with mayonnaise, lettuce and tomato)

Angus Burger - Char-broiled & served with lettuce, tomato and mayonnaise.
Toppings include choice of bacon, mushroom, grilled onion & cheese.

♥Garden Burgers available as an alternative to Beef Sirloin patty.

Crab Cake Sandwich– Grilled and served with Tartar Sauce on a Bun.

Chicken Quesadilla – Flour Tortilla grilled with Cheddar & Jack Cheese.

Baja Turkey Melt – Turkey, Avocado, Tomato & Jack Cheese.

Bacon Egg Croissant - Fried egg, Bacon & Cheddar Cheese on Croissant.

Bruschetta Chicken Sandwich – Tomato, Garlic, Basil & Mozzarella.

Hot Meatloaf Sandwich –Open-Faced with Mashed Potato, Bread & Gravy.

♥**Grilled Vegetable Pita Pizza** – Zucchini, Peppers, Onion, & Pesto on Pita Bread.

Grilled Portabella Sandwich–Marinated & served with Roasted Red Pepper.

Entrees

Served with vegetables & choice of rice, french fries or mashed potato.

(Except Pasta & Salad)

♥**California Chicken**– Char-broiled breast topped with Avocado, Cheddar & Salsa.

Popcorn Shrimp – Lightly breaded & served with Cocktail Sauce.

Lemon Pepper Cod – Lightly breaded & served with Tartar Sauce.

Top Sirloin – Juicy Angus beef cooked to perfection.

♥**Caesar Salad** – Topped with choice of Chicken, Salmon, or Tofu.

♥**Spinach Salad** – Tossed with Raspberry Vinaigrette & choice of Chicken, Salmon or Tofu.

Soups of the Day

Enjoy a Cup or Bowl of one of our fabulous homemade soups.

♥**Salad Bar**

Experience a stroll around our bountiful salad bar with a variety of all your favorites.

♥ *Marked items are lower in fat, sodium, or are a vegetarian alternative*