

Sun Mon Tue Wed Thu Fri Sat

31
10:00 Sunday Drive
 10:00 NFL Gametime (3T)
 11:00 First Pres. Church Service ch12
 1:00 Bridge Club (2JR)
 2:00 Opera featuring Bizet (3T)
 7:00 Scary Movie special (3T)



(1A)= 1st Floor Activity Room
 (1G) = 1st Floor Gym
 (D) = 1st Floor Dining Room
 (1FS) = 1st Floor Fireside room
 (2JR) = 2nd Floor Juniper Room
 (2B) = 2nd Floor Billiard Room
 (2CR) = 2nd Floor Card Room
 (3AC) =3rd Floor Art/Craft Room
 (3T) = 3rd Floor Theater
 (3C) = 3rd Floor Chapel
 (FP) = Fire Pit Area



1
 8:45 Morning Exercise (1A)
 10:30 Coffee and Tea Social (1A)
 11:30 Communion (2JR)
 1:00 Posture fix (3T)
 1:15 Meditation (3T)
 1:30 Art w/ Cheyanne
 2:00 Balance (1A)
 4:00 Happy Hour (1A)

2
 10:00 Safeway Shopping
 10:00 Rosary (3C)
 1:00 Bingo (1A)
 1:00-3:00 In home Tech help
 7:00 Movie Night (3T)



3
10:00 Sunday Drive
 10:00 NFL Gametime (3T)
 11:00 Coloring Club (2JR)
 11:00 First Pres. Church Service ch12
 1:00 Bridge Club (2JR)
 2:30 Craft w/ Cheyanne (3AC)

4
 8:45 Morning Exercise (1A)
 12:00 Jo T. on the piano (D)
 1:00 Posture Fix (3T)
 1:15 Meditation (3T)
 2:00 Balance (1A)
 2:00 Movie (3T)
 2:30 Crosswords (1FS)
 3:00 Sing-a-long (1A)
 6:30 Mexican Train (2JR)

5
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 11:00 Busy Fingers (2JR)
 11:15 Sit-n-Fit (1A)
 1:00 Functional Circuit (1A)
 2:00 Yoga (1A)
3:30 Musical performance w/ Cooley (1A)

6
 8:45 Morning Exercise (1A)
 10:00 Scrabble (2CR)
 11:00 Music w/ The Piano Guys (3T)
 1:00 Chair Volleyball (1A)
 2:00 Balance (1A)
 3:00 Wine Social w/ The Piano Guys (3T)

7
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 11:00 Garden Club (garden)
 11:15 Sit-n-Fit (1A)
 1:00 Functional Circuit (1A)
 2:00 Yoga (1A)
 2:00 Phone and Computer Help (1FS)
 2:30 Poker (2B)
 3:00 Show n' Tell (1A)

8
 8:45 Morning Exercise (1A)
 10:00 Book Club (3T)
 11:30 Communion (2JR)
 1:00 Posture fix (3T)
 1:15 Meditation (3T)
 2:00 Balance (1A)
 4:00 Oktoberfest Happy Hour (1A)



9
 10:00 Safeway Shopping
 10:00 Rosary (3C)
 1:00 Bingo (1A)
 1:00-3:00 In home Tech help
 7:00 Movie Night (3T)

10
10:00 Sunday Drive
 10:00 NFL Gametime (3T)
 11:00 Author's Club (2JR)
 11:00 First Pres. Church Service ch12
 1:00 Bridge Club (2JR)
 2:30 Card making w/ Cheyanne (3AC)

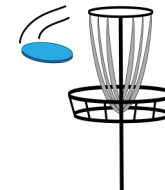
11
 8:45 Morning Exercise (1A)
10:00-12:00 Flu Clinic (1A)
 12:00 Jo T. on the piano (D)
 1:00 Posture Fix (3T)
 1:15 Meditation (3T)
 2:00 Balance (1A)
 2:00 Movie (3T)
 2:30 Crosswords (1FS)
 3:00 Sing-a-long (1A)
 6:30 Mexican Train (2JR)



12
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 11:00 Busy Fingers (2JR)
 11:15 Sit-n-Fit (1A)
 1:00 Functional Circuit (1A)
 2:00 Yoga (1A)
3:30 Resident Birthday Party (1A)



13
 8:45 Morning Exercise (1A)
 10:00 Scrabble (2CR)
 10:00 Men's Group Presentation (3T)
 11:00 Indoor Games w/Disc Golf (1A)
 1:00 Cardio Drumming (1A)
 2:00 Balance (1A)
 3:00 Virtual Travel (3T)



14
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 11:15 Sit-n-Fit (1A)
 1:00 Functional Circuit (1A)
 2:00 Yoga (1A)
 2:00 Phone and Computer Help (1FS)
 2:30 Poker (2B)
 3:00 News n' Brews (1A)

15
 8:45 Morning Exercise (1A)
 11:30 Communion (2JR)
 1:00 Posture fix (3T)
 1:15 Meditation (3T)
 1:30 Art w/ Cheyanne (3AC)
 2:00 Balance (1A)
 4:00 Happy Hour (1A)

16
 10:00 Safeway Shopping
 10:00 Rosary (3C)
 1:00-3:00 In home Tech help
 7:00 Movie Night (3T)

17
10:00 Sunday Drive
 10:00 NFL Gametime (3T)
 11:00 Coloring Club (2JR)
 11:00 First Pres. Church Service ch12
 1:00 Bridge Club (2JR)
 2:30 Craft w/ Cheyanne (3AC)

18
 8:45 Morning Exercise (1A)
 12:00 Jo T. on the piano (D)
 1:00 Posture Fix (3T)
 1:15 Meditation (3T)
 2:00 Balance (1A)
 2:00 Movie (3T)
 2:30 Crosswords (1FS)
 3:00 Sing-a-long (1A)
 6:30 Mexican Train (2JR)

19
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 11:00 Busy Fingers (2JR)
 11:15 Sit-n-Fit (1A)
 1:00 Functional Circuit (1A)
 2:00 Yoga (1A)
2:00 Sweets n' Treats w/ Mo (2JR)

20
 8:45 Morning Exercise (1A)
 10:00 Scrabble (2CR)
 11:00 Central Oregon Symphony pt1 (3T)
 1:00 Chair Volleyball (1A)
 2:00 Balance (1A)
 3:00 Wine Social w/ Central Oregon Symphony pt. 1 (3T)

21
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 11:00 Central Oregon Symphony pt2 (3T)
11:00 Cooking w/ Chef (2JR)
 11:15 Sit-n-Fit (1A)
 1:00 Functional Circuit (1A)
 2:00 Yoga (1A)
 2:00 Phone and Computer Help (1FS)
 2:30 Poker (2B)
 3:00 Central Oregon Symphony pt2 (3T)

22
 8:45 Morning Exercise (1A)
 11:30 Communion (2JR)
 1:00 Cookie Decorating (2JR)
 1:00 Posture fix (3T)
 1:15 Meditation (3T)
 2:00 Balance (1A)
 4:00 Happy Hour (1A)

23
 10:00 Safeway Shopping
 10:00 Rosary (3C)
 1:00 Bingo (1A)
 1:00-3:00 In home Tech help
 1:00 Shopping Trip
 7:00 Movie Night (3T)

24
10:00 Sunday Drive
 10:00 NFL Gametime (3T)
 11:00 Author's Club (2JR)
 11:00 First Pres. Church Service ch12
 1:00 Bridge Club (2JR)
 2:00 Broadway Musical (3T)
 2:30 Card making w/ Cheyanne (3AC)



25
 8:45 Morning Exercise (1A)
 12:00 Jo T. on the piano (D)
 1:00 Posture Fix (3T)
 1:15 Meditation (3T)
 2:00 Balance (1A)
 2:00 Movie (3T)
 2:30 Crosswords (1FS)
 3:00 Sing-a-long (1A)
 6:30 Mexican Train (2JR)

26
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 11:00 Busy Fingers (2JR)
 11:15 Sit-n-Fit (1A)
 1:00 Functional Circuit (1A)
 2:00 Yoga (1A)

27
 8:45 Morning Exercise (1A)
 10:00 Scrabble (2CR)
 11:00 Indoor Games w/Ping Pong (1A)
 1:00 Cardio Drumming (1A)
 2:00 Balance (1A)
 3:00 Ice Cream Social (1A)

28
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 11:15 Sit-n-Fit (1A)
 1:00 Functional Circuit (1A)
 2:00 Yoga (1A)
 2:00 Phone and Computer Help (1FS)
 2:30 Poker (2B)
 3:00 Wines around the world (1A)

29
 8:45 Morning Exercise (1A)
 10:00 Halloween Poker Walk (1A)
 11:30 Communion (2JR)
 1:00 Posture fix (3T)
 1:15 Meditation (3T)
 1:30 Art w/ Cheyanne (3AC)
 1:00 Yappy Hour (1A)
 4:00 Halloween Happy Hour (1A)



30
 10:00 Safeway Shopping
 10:00 Rosary (3C)
 1:00 Bingo (1A)
 1:00-3:00 In home Tech help
 1:00 Shopping Trip
 7:00 Movie Night (3T)