

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9:00 Church Rides 10:00 Zion Lutheran Worship service w/ Holy Communion (3T) 11:00 First Pres. Church Service ch. 12 1:30 Bridge Club (1P) 7:00 Mexican Train (1FS)	2 8:00 Morning Exercise (2JR) 8:45 Morning Exercise (2JR) 10:00 Better Brain (3T) 11:15 Group Walk (1FS) 11:00 Functional Circuit (1G) 1:00 Jo T. on the Piano (1B) 2:00 Matinee Movie (3T) 2:00 Balance (2JR) 3:30 Bunco (1FS)	3 8:00 Morning Exercise (2JR) 8:45 Morning Exercise (2JR) 10:00 Bingo (2JR) 11:00 Busy Fingers (3AC) 11:15 Sit-N-Fit (2JR) 1:00 RummiKub (1FS) 2:00 Seated Mind Body (2JR) 2:45 Meditation (3G) 3:00 Resident Birthday Party (1FS) 4:30 Left, Right, Center (1FS)	4 8:00 Morning Exercise (2JR) 8:45 Morning Exercise (2JR) 10:00 Scrabble (1FS) 10:00 Oregon Health Plans Informational 1:00 Cardio Chair Dancing (2JR) 2:00 Balance (2JR) 2:00 Phone/Computer Help (1FS) 3:00 Live Music w/ Paul Eddy (1FS)	5 8:00 Morning Exercise (2JR) 8:45 Morning Exercise (2JR) 10:00 Bingo (2JR) 10:00-12:00 Flu Clinic w/ Partners in Care (D) 11:15 Sit-N-Fit (2JR) 2:00 Seated Mind Body (2JR) 2:45 Meditation (2JR) 2:00 Poker (2B) 3:00 Watercolors w/ Bill Lewis (3AC) 6:00 Chess club (2JR)	6 8:00 Morning Exercise (2JR) 8:45 Morning Exercise (2JR) 10:00 Garden Club (Garden) 10:00 Group tour of the Building (1FS) 11:00 Functional Circuit (1G) 11:30 Communion (3C) 2:00 Balance (2JR) 2:00 Chosen Series (3T) 3:30 Happy Hour (1FS)	7 10:00 Safeway Shopping 10:00 Rosary (3C) 10:45 Rides to House of Covenant 12:45 Bingo (2JR) 1:00 Shopping Trip 7:00 Saturday Night Movie (3T)
8 9:00 Church Rides 10:00 Zion Lutheran Worship service w/ Holy Communion (3T) 11:00 First Pres. Church Service ch. 12 1:30 Bridge Club (1P) 7:00 Mexican Train (1FS)	9 8:00 Morning Exercise (2JR) 8:45 Morning Exercise (2JR) 10:00 Better Brain (3T) 11:15 Group Walk (1FS) 11:00 Functional Circuit (1G) 1:00 Jo T. on the Piano (1B) 2:00 Matinee Movie (3T) 2:00 Balance (2JR) 3:30 Games w/ Deb (1FS)	10 8:00 Morning Exercise (2JR) 8:45 Morning Exercise (2JR) 10:00 Bingo (2JR) 11:00 Busy Fingers (3AC) 11:15 Ale Trail 11:15 Sit-N-Fit (2JR) 1:00 RummiKub (1FS) 2:00 Seated Mind Body (2JR) 2:45 Meditation (3G) 4:00 Left, Right, Center (1FS)	11 8:00 Morning Exercise (2JR) 8:45 Morning Exercise (2JR) 10:00 Scrabble (1FS) 10:00 Get to know your Calendar (3T) 1:00 Cardio Drumming (2JR) 2:00 Balance (2JR) 2:00 Phone/Computer Help (1FS) 3:00 Learn to Play 3x5 (3T)	12 8:00 Morning Exercise (2JR) 8:45 Morning Exercise (2JR) 10:00 Bingo (2JR) 11:15 Sit-N-Fit (2JR) 2:00 Seated Mind Body (2JR) 2:45 Meditation (2JR) 2:00 Poker (2B) 3:00 Get to Know Your Neighbor (3T) 6:00 Chess club (2JR)	13 8:00 Morning Exercise (2JR) 8:45 Morning Exercise (2JR) 10:00 Book Club (3T) 10:00 Garden Club (Garden) 11:00 Functional Circuit (1G) 11:30 Communion (3C) 2:00 Chosen Series (3T) 2:00 Balance (2JR) 3:30 Happy Hour (1FS)	14 10:00 Safeway Shopping 10:00 Rosary (3C) 10:45 Rides to House of Covenant 12:45 Bingo (2JR) 1:00 Shopping Trip 7:00 Saturday Night Movie (3T)
15 9:00 Church Rides 10:00 Zion Lutheran Worship service w/ Holy Communion (3T) 11:00 First Pres. Church service ch.12 11:45 Walk to End Alzheimer's 1:30 Bridge Club (1P) 7:00 Mexican Train (1FS)	16 8:00 Morning Exercise (2JR) 8:45 Morning Exercise (2JR) 10:00 Better Brain (3T) 11:00 Cooking w/ Chef (2JR) 11:00 Functional Circuit (1G) 1:00 Jo T. on the Piano (1B) 2:00 Matinee Movie (3T) 2:00 Balance (2JR) 3:30 Bunco(1FS)	17 8:00/8:45 Morning Exercise (2JR) 10:00 Bingo (2JR) 11:00 Busy Fingers (3AC) 11:15 Sit-N-Fit (2JR) 1:00 RummiKub (1FS) 2:00 Seated Mind Body (2JR) 3:00 Resident Meeting (1FS) 4:30 Left, Right, Center (1FS) 5:00 Larry Rauch on Piano (D) 6:00 Jam Session w/ The Jammers(1FS)	18 8:00 Morning Exercise (2JR) 8:45 Morning Exercise (2JR) 10:00 Scrabble (1FS) 11:00 Goodwill Outing 1:00 Chair Volleyball (DR) 2:00 Balance (2JR) 2:00 Phone/Computer Help (1FS) 3:00 Live Music w/ The Jazz Guys	19 8:00 Morning Exercise (2JR) 8:45 Morning Exercise (2JR) 10:00 Bingo (2JR) 11:15 Sit-N-Fit (2JR) 2:00 Seated Mind Body (2JR) 2:00 Poker (2B) 2:45 Meditation 3:00 Watercolors w/ Bill Lewis (3AC) 6:00 Chess club (2JR)	20 8:00 Morning Exercise (2JR) 8:45 Morning Exercise (2JR) 10:00 Garden Club (Garden) 11:00 Functional Circuit (1G) 11:30 Communion (3C) 2:00 Chosen Series (3T) 2:00 Balance (2JR) 3:30 Happy Hour (1FS)	21 10:00 Safeway Shopping 10:00 Rosary (3C) 10:45 Rides to House of Covenant 12:45 Bingo (2JR) 1:00 Shopping Trip 7:00 Saturday Night Movie (3T)
22 9:00 Church Rides 10:00 Zion Lutheran Worship service w/ Holy Communion (3T) 11:00 First Pres. Church service ch.12 1:30 Bridge Club (1P) 7:00 Mexican Train (1FS)	23 8:00 Morning Exercise (2JR) 8:45 Morning Exercise (2JR) 10:00Better Brain (3T) 11:00 Share and Care (3T) 11:00 Functional Circuit (1G) 1:00 Jo T. on the Piano (1B) 2:00 Matinee Movie (3T) 2:00 Balance (2JR) 3:30 Games w/ Deb (1FS)	24 8:00 Morning Exercise (2JR) 8:45 Morning Exercise (2JR) 10:00 Bingo (2JR) 11:00 Busy Fingers (3AC) 11:15 Ale Trail 11:15 Sit-N-Fit (2JR) 1:00 RummiKub (1FS) 2:00 Seated Mind Body (2JR) 2:45 Meditation (3G) 4:00 Left, Right, Center (1FS)	25 8:00 Morning Exercise (2JR) 8:45 Morning Exercise (2JR) 10:00 Scrabble (1FS) 11:00 Craft Time w/ Deb (3T) 1:00 Cardio Chair Dancing (2JR) 2:30 New Employee Meet and Greet 3:00 Banana Split Social (1FS)	26 8:00 Morning Exercise (2JR) 8:45 Morning Exercise (1A) 10:00 Bingo (2JR) 11:15 Sit-N-Fit (2JR) 1:00 Live Music w/ Lawrence Huntley (1FS) 2:00 Poker (2B) 2:00 Seated Mind Body (2JR) 2:45 Meditation (2JR) 3:00 Wines Around the World (3T) 6:00 Chess Club (2JR)	27 8:00 Morning Exercise (2JR) 8:45 Morning Exercise (2JR) 10:00 Garden Club (Garden) 11:00 Functional Circuit (1G) 11:30 Communion (3C) 2:00 Chosen Series (3T) 3:30 Happy Hour (1FS)	28 10:00 Safeway Shopping 10:00 Rosary (3C) 10:45 Rides to House of Covenant 12:45 Bingo (2JR) 7:00 Saturday Night Movie (3T) 
29 9:00 Church Rides 10:00 Zion Lutheran Worship service w/ Holy Communion (3T) 11:00 First Pres. Church service ch.12 1:00 Sunday Drive 1:30 Bridge Club (1P) 7:00 Mexican Train (1FS)	30 8:00 Morning Exercise (2JR) 8:45 Morning Exercise (2JR) 10:00 Better Brain (3T) 1:00 Jo T. on the Piano (1B) 2:00 Matinee Movie (3T) 3:30 Games w/ Deb (1FS)	31 8:00 Morning Exercise (2JR) 8:45 Morning Exercise (2JR) 10:00 Bingo (2JR) 10:45 St Francis Children's Choir (1FS) 11:00 Busy Fingers (3AC) 1:00 RummiKub (1FS) 3:00-4:00 Halloween Party 4:00 Left, Right, Center (1FS)				