

Sun

Mon

Tue

Wed

Thu

Fri

Sat



1
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 11:00 Busy Fingers (1FS)
 11:15 Sit-N-Fit (1A)
 2:00 Chair VolleyBall (1A)
 3:30 Resident Birthday Party (1A)
 3:45 Left, Right, Center (1P)



2
 8:00 Rise and Thrive (1P)
 8:45 Morning Exercise (1A)
 10:00 Scrabble (1FS)
11:30 Ale Trail-Luncheon
 1:00 Cardio Chair Dancing (1A)
 1:30 Gametime: 3x5 (1FS)
 1:30 Mah Jon Game (2CR)
 2:00 Balance (1A)



3
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 11:15 Sit-N-Fit (1A)
 1:00 Mexican Train (1FS)
 2:00 Mt View Park Walk (FP)
 2:00 Poker (2B)
 6:00 Chess Club (1P)

4
 8:00 Rise and Thrive (1P)
 8:45 Morning Exercise (1A)
 10:00 Rosary (3G)
 10:30 Communion (3C)
 11:00 Functional Circuit (1G)
 11:00 UPWORDS (1FS)
 1:30 Gametime: 3x5 (1FS)
 1:30 Bridge (2CR)
 1:30 The Chosen (3T)
 2:00 Balance (1A)
3:30 First Friday Happy Hour (1A)

5
 10:00 Safeway Shopping
 10:45 Rides to House of Covenant
 12:45 Bingo (1A)
 1:00 Shopping Trip
 7:00 Saturday Night Movie (3T)
 The legend the Bessie Coleman Story -Documentary 1 hr 47

6
 9:15 Church Rides
 10:00 Community Worship-Zion Lutheran (3T)
 11:00 First Pres. Church Service ch. 12
 1:30 Bridge Club (1P)
 3:00 Socrates Café (3T)
 7:00 Mexican Train (1FS)



7
 8:00 Rise and Thrive (1P)
 8:45 Morning Exercise (1A)
 10:00 Better Brain (3T)
 11:00 Functional Circuit (1G)
 12:00 Jo T. on the Piano (D)
 1:30 Gametime: 3x5 (1P)
 2:00 Matinee Movie (3T)
 2:00 Balance (1A)
 3:30 1-10 Game (1P)
 3:30 Games w/ Deb (1FS)
 7:00 Readers Theater (3T)

8
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 11:00 Busy Fingers (1FS)
 1:00 Rummikub (1FS)
 2:00 Chair VolleyBall w/Deb (1A)
 3:45 Left, Right, Center (1P)
5:00 Larry Rauch on the Piano (D)

9
 8:45 Morning Exercise (1A)
 10:00 Scrabble (Judy's Office)
 10:00 Welcome Coffee (1FS)
 10:00 Craft Time with Deb (3AC)
12:30 Pumpkin Patch Field Trip
 1:30 Gametime: 3x5 (1FS)
 1:30 Mah Jon Game (2CR)
3:00 Live Music Jazz Guys (1FS)



10
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 10:00 Busy Fingers (1FS)
 1:00 Mexican Train (1FS)
 2:00 Poker (2B)
 3:00 Watercolors w/Bill Lewis (3AC)
 6:00 Chess Club (1P)
8:00 pm The Telescope Guy (CY) Sky Viewing

11
 8:45 Morning Exercise (1A)
 10:00 Rosary (3G)
10:00 Book Club (3T)
 10:30 Communion (3C)
 11:00 UPWORDS (1FS)
 1:30 Gametime: 3x5 (1FS)
 1:30 Bridge (2CR)
 1:30 The Chosen (3T)
3:30 Happy Hour (1FS)



12
 10:00 Safeway Shopping
 10:00 Rosary (3C)
 10:45 Rides to House of Covenant
 12:45 Bingo (1A)
 1:00 Shopping Trip
 7:00 Saturday Night Movie (3T)
 Father of the Bride –Comedy 1hr 45

13
 9:15 Church Rides
 10:00 Community Worship-Zion Lutheran (3T)
 11:00 First Pres. Church service ch.12
10:30 Walk to End Alzheimer's
 1:30 Bridge Club (1P)
 3:00 Socrates Café (3T)
 7:00 Mexican Train (1FS)

14
 8:45 Morning Exercise (1A)
 10:00 Better Brain (3T)
 12:00 Jo T. on the Piano (D)
 1:30 Gametime: 3x5 (1P)
 2:00 Matinee Movie (3T)
 3:30 1-10 Game (1P)
 3:30 Games w/ Deb (1FS)



15
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 11:00 Busy Fingers (1FS)
 1:00 Rummikub (1FS)
 2:00 Chair VolleyBall w/Deb (1A)
 3:45 Left, Right, Center (1P)
6:00 Jam Session with The Jammers (1A)

16
 8:00 Rise and Thrive (1A)
 8:45 Morning Exercise (1A)
 10:00 Scrabble (1FS)
10:30 St. Charles Home Health - Presentation -Safety in your Home (3T)
 1:00 Cardio Drumming (1A)
 1:30 Gametime: 3x5 (1FS)
 1:30 Mah Jon Game (2CR)
 2:00 Balance (1A)
 3:30 Donut Social (1A)



17
10-12 Flu Clinic -Partners in Care (1A)
 10:00 Bingo (1P)
 11:15 Sit-N-Fit (1A)
 1:00 Mexican Train (1FS)
 2:00 Get up Off the Floor (1A)
 2:00 Poker (2B)
 3:00 Get to Know your Neighbor (3T)
 6:00 Chess Club (1P)



18
 8:00 Rise and Thrive (1P)
 8:45 Morning Exercise (1A)
 10:00 Rosary (3G)
 10:30 Communion (3C)
 11:00 Functional Circuit (1G)
 11:00 UPWORDS (1FS)
 1:30 Gametime: 3x5 (1FS)
 1:30 Bridge (2CR)
 1:30 The Chosen (3T)
 2:00 Balance (1A)
3:30 Happy Hour (1FS)

19
 10:00 Safeway Shopping
 10:00 Rosary (3C)
 10:45 Rides to House of Covenant
 12:45 Bingo (1A)
 1:00 Shopping Trip
 7:00 Saturday Night Movie (3T)
 Les Misérables –Historical Fiction 2hr 38



20
 9:15 Church Rides
 10:00 Community Worship-Zion Lutheran (3T)
 11:00 First Pres. Church service ch.12
 1:30 Bridge Club (1P)
2:00 Country Drive
 3:00 Socrates Café (3T)
 7:00 Mexican Train (1FS)



21
 8:00 Rise and Thrive (1P)
 8:45 Morning Exercise (1A)
 10:00 Better Brain (3T)
 11:00 Functional Circuit (1G)
 12:00 Jo T. on the Piano (D)
 1:30 Gametime: 3x5 (1P)
 2:00 Matinee Movie (3T)
 2:00 Balance (1A)
 3:30 1-10 Game (1P)
 3:30 Games w/ Deb (1FS)
 7:00 Readers Theater (3T)

22
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
10:00 Casino/Museum
 11:00 Busy Fingers (1FS)
 11:15 Sit-N-Fit (1A)
 1:00 Rummikub (1FS)
 2:00 Chair Dancing (1A)
 3:45 Left, Right, Center (1P)



23
 8:00 Rise and Thrive (1A)
 8:45 Morning Exercise (1A)
 10:00 Scrabble (1FS)
11:30 American Cuisine - Chinese
 1:00 Chair VolleyBall (1A)
 1:30 Gametime: 3x5 (1FS)
 1:30 Mah Jon Game (2CR)
 2:00 Balance (1A)

24
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 11:15 Cooking with Chef (1P)
1:00 - 4:00 Karen Stockton - Antique Show (1A)
 1:00 Mexican Train (1FS)
 2:00 Poker (2B)
 3:00 Watercolors w/Bill Lewis (3AC)
 6:00 Chess Club (1P)

25
 8:00 Rise and Thrive (1P)
 8:45 Morning Exercise (1A)
 10:00 Rosary (3G)
 10:00 Activities Committee Meeting (1FS)
 10:30 Communion (3C)
 11:00 Functional Circuit (1G)
 11:00 UPWORDS (1FS)
 1:30 Gametime: 3x5 (1FS)
 1:30 Bridge (2CR)
 1:30 The Chosen (3T)

26
 10:00 Safeway Shopping
 10:00 Rosary (3C)
 10:45 Rides to House of Covenant
 12:45 Bingo (1A)
 1:00 Shopping Trip
 7:00 Saturday Night Movie (3T)
 Butch Cassidy—Western 1hr 51

27
 9:15 Church Rides
 10:00 Community Worship-Zion Lutheran (3T)
 11:00 First Pres. Church service ch.12
 1:30 Bridge Club (1P)
 3:00 Socrates Café (3T)
 7:00 Mexican Train (1FS)

28
 8:00 Rise and Thrive (1P)
 8:45 Morning Exercise (1A)
 10:00 Better Brain (3T)
 11:00 Functional Circuit (1G)
 12:00 Jo T. on the Piano (D)
 1:30 Gametime: 3x5 (1P)
 2:00 Matinee Movie (3T)
 2:00 Balance (1A)
 3:30 1-10 Game (1P)
 3:30 Games w/ Deb (1FS)

29
 8:45 Morning Exercise (1A)
 10:00 Bingo (1A)
 11:00 Busy Fingers (1FS)
 11:15 Sit-N-Fit (1A)
 1:00 Rummikub (1FS)
 3:45 Left, Right, Center (1P)
2:30 Live Music - Tumble Weeds
3:30 Happy Hour (1A)

30
 8:00 Rise and Thrive (1A)
 8:45 Morning Exercise (1A)
 10:00 Scrabble (1FS)
11:00 Newly Friends Game (3T)
 1:00 Cardio Drumming (1A)
 1:00 Rummikub (1FS)
 1:30 Gametime: 3x5 (1FS)
 1:30 Mah Jon Game (2CR)
 2:00 Balance (1A)
3:00 Live Music Paul Eddy (1A)

31
 8:45 Morning Exercise (1A)
 10:00 Bingo (1P)
 10:45 St Francis Children's Choir (1FS)
1:00-3:00 Yappy Hour-Halloween Party (1A)
 1:00 Mexican Train (1FS)
 2:00 Mt View Park Walk (FP)
 2:00 Poker (2B)
 6:00 Chess Club (1P)

